

|  |  |
| --- | --- |
| **Role Title** | **Volunteer Befriender** |
| **Where** | People’s own home, residential/nursing home, sheltered accommodation and day centres within the Wolverhampton Area. |
| **When** | Minimum of 2 hours per week |
| **Commitment** | * Six months – can be extended * One month trial period |
| **Why we want you** | Moreland Trust Health and Social support older people in the community who may be experiencing loneliness, isolation or need support/encouragement to use local services and facilities.  We need volunteers who see befriending as a rewarding experience and see the value of wanting to improve the quality of life for some older people. |
| **What’s in it for you** | * Making a difference in the lives of older people * Job satisfaction * Improved employment prospects * Improved confidence * Access to training opportunities |
| **The skills & Abilities you need** | * Good communication skills * Understanding of Confidentiality * Respectful and uphold dignity of service users * Good listener, supportive and empathic * Reliable and trustworthy * Arrange and participate in activities |
| **Expenses** | Legitimate travel expenses will be paid. |
| **Support** | Induction and monthly reviews will be provided by the Volunteer  Co-ordinator |
| **Recruitment Method** | Application form, informal discussion, interview, Enhanced DBS, references, trial period. |
| **For more information** | The Volunteer Co-ordinator on 01902 421 155 |